Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 00:00 on Friday 21 Jul 2023 until 23:59 on Saturday 22 Jul 2023

Forecast Issued on Thursday 20 Jul 2023 at 16:00 by Met Office Aberdeen

Confidence: High for unsettled conditions over the coming days, lower for detail of rainfall, in particular over the weekend.

Headline for Friday 21 Jul 2023: Dry to start then sunny spells and scattered showers.

Mountain weather hazards on Friday 21 Jul 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Clear night	Sunny	Sunny intervals	Sunny intervals	Light rain showers	Sunny intervals	Sunny intervals
Precipitation probability							
30%	10%	10%	20%	30%	40%	30%	20%

Forecast for Friday 21 Jul 2023

Weather: Largely clear skies overnight will give a cool feel. A dry and fine start to the day with sunny spells. Scattered showers developing into the afternoon, mainly in the east, dying off during the evening.

Chance of cloud-free hill tops above 800m: 90%

Low Cloud and visibility: Visibility generally good but temporarily reducing to moderate in showers.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Friday 21 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	9/11 N	10/12 N	9/11 NW	9/13 W	11/16 W	13/18 W	11/16 W	6/8 SW	5/7 SE
900	7/9 N	7/9 N	4/6 NW	7/10 NW	9/14 W	11/17 W	10/14 W	5/7 SW	4/5 SE
600	6/8 N	6/8 N	4/6 W	6/10 W	9/14 W	12/17 W	11/16 W	6/9 SW	4/5 S
300	3/6 N	4/6 NW	3/4 SE	4/7 NW	7/11 W	9/14 W	8/13 W	4/7 SW	3/5 S
Glen	3/7 NW	3/5 NW	1/4 W	4/8 W	7/12 W	9/16 W	7/13 W	4/8 SW	3/7 S

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	3/-0	3/-1	2/-1	3/-1	5/1	5/1	5/2	4/2	4/2
900	5/3	5/2	5/4	7/5	9/7	9/7	9/6	7/5	6/5
600	8/6	7/6	7/6	9/7	11/9	11/9	11/8	9/8	8/7
300	10/10	9/8	9/8	11/11	13/12	14/12	13/12	11/11	11/10
Glen	12/12	10/9	11/11	14/14	16/15	16/14	15/14	13/12	12/12
Freezing Level*	1700m	1600m	1500m	1600m	1800m	1900m	1900m	2000m	2100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Be aware of unseasonably cool temperatures at height.

Forecast for Saturday 22 Jul 2023
Weather: Largely dry and sunny to start on Saturday but cloud and light rain slowly pushing up from the south during the day. Best of the dry and bright weather in the north until mid-afternoon. Rain turning heavier during the evening.

Maximum wind: Easterly 10-15 mph later in the day.

Chance of cloud-free hill tops above 800m: 90%, decreasing to 30% in the south through the morning and 60% in the north by evening.

Low Cloud and visibility: Good visibility, reducing in rain. Scattered to broken low cloud pushing up from the south, base 600-800m.

Temperature: **Glens:** Plus 11 rising to plus 15 Celsius
At 800m: Plus 5 rising to plus 9 Celsius
Freezing level: Above summits

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